Alternative One to One Programme (Equivalent to Micro Gen 20+6 Programme)

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	<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
9.00 - 11:00	One to One Lesson	One to One Lesson	One to One Lesson	One to One Lesson	One to One Lesson	Optional Saturday
11:00-11:30	Complementary coffee/tea & home made snacks					
11.30 - 12:45	One to One Lesson	One to One Lesson	One to One Lesson	One to One Lesson	One to One Lesson	
12:45 - 13:30	Monitored Organised Self Study	Monitored Organised Self Study	Monitored Organised Self Study	Monitored Organised Self Study	Monitored Organised Self Study	
13:30-14:30	Lunch	Lunch	Lunch	Lunch	Lunch	Skibbereen Market
	Optional Leisure*		Optional Leisure*		Optional Leisure*	and Sherkin Island
14.30-17.30	Mizen Head Excursion on the Magical Mizen Peninsula, with the dramatic Mizen Head Signal Station.	Free afternoon for independent leisure, or self study (Ask us to help you to plan your afternoon)	Three Castle Head Hike to the ruins of 3 castles and enjoy the surrounding spectacular views	Free afternoon for independent leisure, or self study (Ask us to help you to plan your afternoon)	Glengariff +Garnish Island Shopping in Bantry. boat trip to see the seals + Garnish Island and its fascinating Garden	Cape Clear Island

^{*}The afternoon leisure programme is optional and an additional cost

